



BlueCross BlueShield
of Illinois



Visit a Primary Care Provider from the Comfort of Home

**Blue Cross and Blue Shield of Illinois offers
Virtual Primary Care, in collaboration with Teladoc® Health,
as part of your benefit plan.**

Primary care is an important part of managing your health. Whether you're getting an annual checkup, learning how to manage a health condition, or simply committing to making better day-to-day health decisions, BCBSIL members and their eligible dependents can now visit a primary care provider from the comfort of home with the Virtual Primary Care benefit.

Teladoc[®]
HEALTH

**Make your Virtual Primary Care appointment
today through Blue Access for MembersSM
at bcbsil.com, or by:**

- Downloading the **Teladoc app**
- Visiting teladoc.com/bcbsil
- Scanning this QR Code to visit teladoc.com/bcbsil
- Calling **800-TELADOC (835-2362)**



With Virtual Primary Care, BCBSIL members can:

- Choose a primary care provider who takes the time to get to know you, your health history and needs.
- Schedule annual checkups and ongoing care when it's convenient for you.
- Get referrals to in-person and in-network specialists, ongoing support from a dedicated care team and a custom care plan with clear next steps.

BCBSIL members get access to:

- **General Medical:** Diagnosis and treatment by board-certified doctors for cold/flu, allergies, sinus infections and more, with prescriptions (if necessary) sent to your local pharmacy.
- **Behavioral Health*:** Support for depression, anxiety, stress and more from a therapist or psychiatrist available by appointment 7 days a week.
- **Dermatology:** Upload photos through the secure portal and get custom treatment plans for skin issues such as eczema, psoriasis, acne, rosacea, skin infections and more.



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*Behavioral health may not be available on all plans.

Teladoc Health is an independent company that has contracted with Blue Cross and Blue Shield of Illinois to operate and administer the Virtual Primary Care program for members with coverage through BCBSIL. Teladoc Health is solely responsible for its operations and for those of its contracted providers. BCBSIL makes no representations or warranties regarding third-party vendors and the products and services offered by them.